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## BASL X-tra Programme

### Session 1: "Exploring Alcohol related liver disease"

**TUESDAY 28<sup>th</sup> April**

|               |   |
|---------------|---|
| 13:00         | <b>Welcome and Introduction Dr Ian Rowe</b><br><b>Chairs – Dr Deepak Joshi + Dr Laura Kitto</b>   |
| 13:00 – 13:20 | Understanding Alcohol-Related Liver Disease: A Clinical Overview<br><i>Dr Richard Parker, Consultant Hepatologist, Leeds Teaching Hospital</i>  |
| 13:20 – 13:40 | Clinical Pathways for Alcohol Withdrawal: A CIWA-Based Approach<br><i>Jeff Fernandez, Lead Nurse Alcohol and Drug Liaison (Hepatology), Royal Free Hospital</i>   |
| 13:40 – 14:00 | Overcoming Health Inequalities in Liver Disease<br><i>Dr Ryan Buchanan, Liver Medicine Consultant &amp; Researcher, University of Southampton</i>   |
| 14:00 – 14:20 | Fuelling Liver Recovery: The Dietitian's Role in Managing ALD<br><i>Bally Parekh, specialist dietitian in liver disease</i>   |
| 14:20 – 14:30 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 14:30 – 14:40 | <b>BREAK</b>  |
|               | <b>Chairs:</b> – Dr Deepak Joshi + Laura Kent   |
| 14:40 – 15:00 | Updates in the Medical Management of Alcohol-Related Hepatitis<br><i>Dr Ewan Forrest, Consultant Physician and Hepatologist, Glasgow Royal Infirmary</i>  |
| 15:00 – 15:20 | Relapse Prevention in Alcohol Use Disorders: Evidence, Strategies, and Outcomes<br><i>Graham Parsons, Director of Pharmacy, Waythrough</i>  |
| 15:20 – 16:00 | <b>Case-Based Multidisciplinary Decision Making: Lessons from the MDT:</b><br>Case presentations – <i>Dr Tamar Avades Clinical research fellow at University Hospitals Plymouth NHS Trust &amp; Dr Annie Archer, University Hospitals Bristol and Weston NHS</i><br><b>Panel Members:</b><br>Consultant – <i>Dr Ewan Forrest</i><br>Pharmacist – <i>Graham Parsons</i><br>Nurse - <i>Jeff Fernandez</i><br>Dietician- <i>Bally Parekh</i> |
| 16:00 – 16:10 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 16:10 – 16:15 | <b>Close of meeting</b>   |

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## BASL X-tra Programme

Session 2: "Liver Transplantation: From Patient Selection to Post-Transplant Care" - joint BASL/BLNA

### WEDNESDAY 29<sup>th</sup> April

|               |   |
|---------------|---|
| 12:45         | <b>Industry Symposium - Madrigal</b>  |
| 13:00         | <b>Welcome by chairs.</b><br>Chair: Dr Louisa Vine and Sara Bardell   |
| 13:00 – 13:20 | Who Should Be Referred for Liver Transplant? An Overview of Indications<br><i>Dr Ian Rowe, Associate Professor University of Leeds &amp; Honorary Consultant Hepatologist, Leeds Liver Unit, Leeds Teaching Hospitals NHS Trust</i>   |
| 13:20 – 13:40 | Beyond the Typical: Variant Syndromes in Liver Transplantation<br><i>Dr Gwilym Webb, Consultant Hepatologist, Cambridge Liver Unit</i>  |
| 13:40 – 14:00 | From Theatre to Recovery: Transplant Surgery and Post-Operative Care<br><i>Shahid Farid, Consultant General and Liver Surgeon, Leeds Liver Unit, Leeds Teaching Hospitals NHS Trust</i>   |
| 14:00 – 14:20 | The Patient Journey: Questions, Challenges and Answers<br><i>Harriett Goudie, Liver Critical Care Lead Nurse, Royal Free London NHS Foundation Trust and Jamie Stanley, Patient</i>   |
| 14:20 – 14:30 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 14:30 – 14:40 | <b>BREAK</b>  |
|               | <b>Chairs:</b> – Dr Louisa Vine + Harriett Goudie   |
| 14:40 – 15:00 | Managing Common Post-Transplant Complications<br><i>Dr Mike Williams, Scottish Liver Transplant Unit, Royal Infirmary of Edinburgh</i>  |
| 15:00 – 15:20 | Principles of Immunosuppression in Liver Transplant Medicine<br><i>Naz Kanani Alviri, Principal Pharmacist, Royal Free London NHS Foundation Trust</i>  |
| 15:20 – 16:00 | <b>Case-Based Multidisciplinary Decision Making: Lessons from the transplant MDT:</b><br>Case presentations – <i>Dr Linda Provan, Trainee, NHS Scotland and Dr Henry Kibble, Trainee, University Hospitals Plymouth NHS Trust</i><br><b>Panel Members:</b><br>Consultant – <i>Dr Mike Williams and Dr Gwilym Webb</i><br>Pharmacist – <i>Naz Kanani Alviri</i><br>Advanced Clinical Practitioner - <i>Katie Ramos</i><br>Physiotherapist – <i>Alice Freer</i> |
| 16:00 – 16:10 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 16:10-16:25   | <b>Industry Symposium - Ipsen</b>   |

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## BASL X-tra Programme

### Session 3 "HCC 2026: Optimizing Diagnosis, Treatment, and Outcomes"

**Thursday 30<sup>th</sup> April**

|               |   |
|---------------|---|
| 13:00         | <b>Welcome by chairs.</b><br><b>Chairs:</b> Dr Ian Rowe + Dr Victoria Kronsten  |
| 13:00 – 13:20 | An overview of Hepatocellular Carcinoma<br><i>Dr Abid Suddle, Consultant Hepatologist, Kings College London</i>   |
| 13:20 – 13:40 | Hepatocellular Carcinoma Surveillance: Current Strategies and Future Directions<br><i>Dr Laura Burke, Trainee, St James's University Hospital, Leeds</i>  |
| 13:40 – 14:00 | The Radiologist's Role in Diagnosing Hepatocellular Carcinoma<br><i>Dr Carmelo Corallo, Consultant Radiologist, Leeds Teaching Hospitals NHS Trust</i>  |
| 14:00 – 14:20 | Supporting the HCC Pathway: The Role of the Clinical Nurse Specialist<br><i>Michèle Bourke, ANP for HCC, St Vincents, Dublin</i>  |
| 14:20 – 14:30 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 14:30 – 14:40 | <b>BREAK</b>  |
|               | <b>Chairs:</b> Dr Ian Rowe + Yun Kim  |
| 14:40 – 15:00 | Curative Treatment Options for Hepatocellular Carcinoma<br><i>Dr Victoria Snowdon, Consultant Hepatologist, Cambridge Liver Unit</i>  |
| 15:00 -15:20  | Non - Curative Treatment Options for Hepatocellular Carcinoma<br><i>Dr Nekisa Zakeri, Clinician Scientist and Honorary Consultant Hepatologist, Barts Health NHS Trust London</i>   |
| 15:20 – 16:00 | <b>Case-Based Multidisciplinary Decision Making: Lessons from the HCC MDT:</b><br>Case presentations - <i>Dr Timbyen Wuyep, Queen Elizabeth Hospital Birmingham</i><br><i>and Vikram Bains</i><br><b>Panel Members:</b><br>Consultant - <i>Dr Victoria Snowdon and Dr Nekisa Zakeri</i><br>Radiologist - <i>Dr Carmelo Corallo</i><br>Nurse - <i>Michèle Bourke</i> |
| 16:00 – 16:10 | <b>Questions and Answers - Panel discussion with speakers</b>   |
| 16.10 – 16:15 | <b>Close of meeting - Ian Rowe</b>  |

*Please note that the programme is still subject to change.*

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## BASL Xtra 2026 Speaker Biographies

**Tuesday 28<sup>th</sup> April**

### **Richard Parker**

Dr Richard Parker is a consultant hepatologist practising privately at Spire Leeds Hospital and at Leeds Teaching Hospitals NHS Trust (since 2017). He specialises in steatotic (fatty) liver disease and alcoholic liver disease.

He graduated from the University of Bristol in 2005 and completed NHS training before becoming a Member of the Royal College of Physicians in 2009. Dr Parker earned a PhD in liver and immunology research from the University of Birmingham in 2015, with interests in immunology and the relationship between metabolism and immunity.

His career includes clinical and research fellowships, visiting research scientist roles in the USA, and a biomedical health policy internship with the Academy of Medical Sciences. He previously served as a clinical lecturer in hepatology at the University of Birmingham.

### **Jeff Fernandez**

Jeff Fernandez is currently a lead nurse for the alcohol and drug service based in the hospitals at Royal Free/Barnet and north Middlesex Trust. This covers a large area of north London, and the service aims to meet the patient's need in innovative ways.

I have an extensive experience in the drug and alcohol field nationally and have written widely on treatment and nursing approaches in this field. I have been the main author or co-author on at least 70 peer reviewed papers to date. These papers highlight the role that nurse prescribing can play in developing good and responsive care in substance misuse as well as, highlighting the important role that nurses can play in developing services. Nurses are an important resource in developing good patient friendly services and this role should be encouraged.

I am also a sub-editor for the British Journal of Mental Health nursing and peer-reviewer for British Journal of Nursing and the International Journal of Human Rights in healthcare. I do write frequently and contribute mainly to the British Journal of Mental Health and the British Journal of Nursing. Development of nursing roles and skills is my main area of interest.

## **Ryan Buchanan**



Ryan is lead for the REFLEX trial – testing the cost-effectiveness of screening for liver disease in people with type 2 diabetes. Ryan is experienced in mixed methods research in marginalised populations as well as cost effectiveness analysis, network modelling, time series analysis and complex intervention evaluation. He has recently led an NIHR funded collaboration developing patient and public representation from marginalised populations across England in liver disease research. Ryan has supervised 2 PHD students to completion and has 3 active post-doctoral students. Two have these have been awarded NIHR doctoral fellowships.

As part of his clinical roles he is BASL Service lead, clinical lead for the Wessex region viral hepatitis treatment network and leads the HELIXR programme. HELIXR is a regional NHS England funded programme to engage patients from marginalised populations with liver cancer surveillance imaging.

## **Bally Parekh**

Bally Parekh is a UK-registered dietitian specialising in liver disease, transplant nutrition, and surgical rehabilitation. He has worked across NHS and private settings managing advanced hepatobiliary conditions, malnutrition, and frailty.

He has led post-transplant dietetic care at a major tertiary liver centre, contributed to national liver nutrition guidelines, and supports digital innovation in clinical services. In private practice, he runs Mesh Performance, providing specialist telehealth support for complex nutrition needs.

Alongside hepatology, Bally works with athletes to optimise performance and recovery, with broader expertise in prehabilitation, sarcopenia management, and multidisciplinary teaching. He also delivers training for Alcohol Change UK and lectures on the MSc Dietetics programme at Birmingham City University.

Blending evidence-based care with practical strategy, he supports patients to improve outcomes through targeted nutrition interventions.

## **Ewan Forest**

Ewan is a Consultant Physician and Hepatologist at Glasgow Royal Infirmary since 2003 and an Honorary Professor at University of Glasgow since 2019. He has got specialist interest in Alcohol-related Liver Disease and in particular the management of alcoholic hepatitis. He was the co-developer of the Glasgow Alcoholic Hepatitis Score and the Glasgow Modified Alcohol Withdrawal Score. He is also Chair of the Alcohol harms Group, Glasgow Alcohol Drugs Partnership and Hepatology Lead for NHS Research Scotland.

### **Graham Parsons**



Graham is a pharmacist with over 35 years' experience, specialising in Substance Use Disorders and their treatment. He has worked at local, regional and national levels with organisations including the Advisory Council on the Misuse of Drugs, NICE, the Office for Health Improvement and Disparities, Turning Point and Waythrough to develop policies and initiatives improving substance use services.

He previously worked as a prescriber with the Plymouth Specialist Addiction Service and as Chief Pharmacist at Turning Point (2015–2021), and has also held specialist roles in hepatology at University Hospitals Plymouth. Graham contributed to the development of the DHSC clinical guidelines for alcohol treatment and is an experienced trainer, speaker and published author. In 2024, he was awarded Fellowship of the Royal Pharmaceutical Society. Graham is currently Director of Pharmacy at Waythrough, leading its Pharmacy and Medicines Optimisation work.

### **Tamar Avades**



Tamar Avades is a Hepatology registrar from the Mersey deanery, and is currently out of programme doing research in the Peninsula deanery. She started her training in the South West of England in Exeter, and then completed her core medical training in Bristol. After three years of specialist registrar training in Mersey, she went on to complete the Advanced Hepatology Training post in King's College Hospital and University Hospital Plymouth. She is currently doing qualitative research into clinical trial engagement in patients with alcohol related liver disease, with the University of Plymouth, to work towards a MD. She is the South West trainee BASL rep.

### **Annie Archer**

Annie is a hepatology registrar based in the South West. She is currently out of programme undertaking a PhD investigating the impact of earlier diagnosis of chronic liver disease through the NHSE community liver health check programme. She has a particular interest in health inequalities in liver disease and improving systems to mitigate these.

**Wednesday 29<sup>th</sup> April**

**Ian Rowe**



Dr Rowe trained at the University of Glasgow and, following general medical training at Queens Medical Centre in Nottingham, specialised in Gastroenterology and Hepatology in Birmingham. He was awarded a Medical Research Council Research Training Fellowship in 2009 and subsequently an NIHR Clinical Lectureship at the University of Birmingham and the Liver and Hepatobiliary Unit at the Queen Elizabeth Hospital Birmingham. In 2015 he was appointed as a University Academic Fellow at the University of Leeds and Honorary Consultant at the Leeds Liver Unit. His main research interests are in improving the outcomes of patients with liver disease and those following liver transplants

**Gwilym Webb**



Gwilym Webb is Consultant Hepatologist at Cambridge University Hospitals. His interests include liver and multivisceral transplantation as well as immune-mediated liver disease

**Shahid Farid**

Shahid Farid is a Consultant General and Liver Surgeon currently working at the Leeds Liver Unit, Leeds Teaching Hospitals NHS Trust

**Harriet Goudie**



Harriet graduated from Birmingham City University in 2014 with a BSc (Hons) in Adult Nursing and later completed an MSc in Critical Care. She began her career on a gastroenterology and hepatology ward before moving into liver intensive care, where she developed a strong interest in caring for critically ill liver patients. She has since worked across three liver ICUs, gaining extensive experience in this specialist field.

Harriet is now Lead Nurse for Liver Intensive Care at the Royal Free Hospital. She organised the hospital's first Liver Intensive Care Conference and is passionate about developing nursing staff, having created specialised ICU training programmes to support high-quality, evidence-based care. She has also recently served on the BLNA committee as part of a one-year taster experience.

### **Jamie Stanley**

Jamie Stanley is a patient giving a joint talk with Harriet

### **Mike Williams**

Dr Mike Williams is a Consultant Hepatologist currently working at the Scottish Liver Transplant Unit, Royal Infirmary of Edinburgh

### **Naz Kanani Alviri**



Naz is currently Principal Pharmacist in Hepatology & Liver transplantation at the Royal Free Hospital in London, where she has worked since 2018. As part of her role, she is the lead pharmacist for the North Central London Viral Hepatitis Operational Delivery Network. She graduated from the UCL School of pharmacy and her post graduate training includes a diploma in Advanced Clinical Pharmacy Practice and qualification as an independent prescriber. She has worked as a committee member of the British Hepatology Pharmacy Group (affiliated group of the British Association for the Study of the Liver) and organised national educational events. Naz's interests include viral hepatitis, autoimmune liver disease, advanced chronic liver disease and liver transplantation.

### **Dr Linda Provan**

Currently working for NHS Scotland

### **Katie Ramos**



Since 2001 Katie has specialised in the care of patients with Liver disease and undergoing liver transplant. Initially working on the liver intensive care unit at Kings college Hospital in London. Following progression to sister on the unit and participation in the organ retrieval team, Katie became a liver transplant coordinator. On relocation to the South West Katie

took on the role of Liver Transplant CNS where she cared for patients being assessed for transplant, those listed for transplant and post-transplant patients. She developed her skills becoming a non-medical prescriber and then gaining a Masters in Advanced Clinical Practice, extending her role to looking after patients with decompensated liver disease who cannot be served by transplant including providing therapeutic paracentesis and advanced care planning. Katie has a keen interest in the importance of pre-habilitation in liver transplant and is a strong advocate for the patient voice, setting up a patient peer- led support group.

### **Alice Freer**



Alice is a specialist hepatology physiotherapist working at the Queen Elizabeth Hospital in Birmingham. Alice's specialist's interest include fatigue in cholestasis, advancing therapeutic and holistic care for patients, and the impacts lifestyle have on symptom burden within liver disease.

## **Thursday 30<sup>th</sup> April**

### **Abid Suddle**

Dr Abid Suddle, Consultant Hepatologist, Kings College London

### **Laura Burke**

Dr Laura Burke, Trainee, St James's University Hospital, Leeds

### **Carmelo Corallo**

Dr Carmelo Corallo, Consultant Radiologist , Leeds Teaching Hospitals NHS Trust

### **Michèle Bourke**



Michèle graduated from University College Dublin (UCD) with a BSc Nursing (General) in 2008, before specialising in Hepatology. Once appointed HCC Clinical Nurse Specialist in 2014, she played a key role in establishing Ireland's only dedicated HCC service. In 2023, she became the first Hepatology Advanced Nurse Practitioner nationally, specialising in HCC. Additionally, serving as Chairperson of the Irish Hepatology Nurses Association she has driven the development of Hepatology Nursing as a career pathway for Nurse's in Ireland. Academically, Michèle co-developed the Hepatology Postgraduate Module curriculum in UCD, on which she is a Guest Lecturer. As a board member of the Irish Liver Foundation, she advocates for liver health awareness. Michèle is currently seconded part-time to the HSE as Programme Manager, National Clinical Programme for Gastroenterology & Hepatology driving advancements in Hepatology care in Ireland operationally.

### **Vicky Snowdon**



Victoria is a consultant in hepatology and liver transplantation at Addenbrookes hospital. She is the clinical lead for the HCC service at Addenbrookes. Victoria started her Hepatology training in the southwest. She then undertook a PhD into portal hypertension and HRS with Prof Fallowfield, Prof Iredale and Prof Hayes in Edinburgh before doing her liver fellowship at Addenbrookes. She is co-TPD for the East of England and is one of the BASL Education and Training leads.

### **Nekisa Zakeri**



Dr Nekisa Zakeri is a Senior Clinical Lecturer at Barts Cancer Institute and the Francis Crick Institute London, and an Honorary Consultant Hepatologist at Barts Health NHS Trust. Nekisa is the current Hepatology Representative for HCC UK, and has a specialist clinical and research interest in HCC. She previously trained at the Queen Elizabeth Hospital Birmingham and Royal Free Hospital London liver transplant centres.

### **Timbyen Wuyep**

Dr Timbyen Wuyep is a clinical research fellow and working at the University of Birmingham (Centre for Liver & Gastrointestinal Research)



**Vikram Bains**  
TBC